



**Name in English:** Frank B. Hu  
**Name in Chinese:** 胡炳长 [胡炳長]  
**Name in Pinyin:** Hú Bǐngcháng  
**Gender:** Male  
**Birth Year:**  
**Birth Place:** China

**Profession (s):** Associate Professor, Epidemiology Researcher

**Education:** M.D., 1988, Tongji Medical University, China; M.P.H., 1994, University of Illinois at Chicago; Ph.D., 1996, University of Illinois, Chicago

**Award(s):** American Diabetes Association Research Award; American Heart Association Established Investigator Award

**Contribution(s):** Dr. Frank B. Hu, M.D., Ph.D., is an Associate Professor of Nutrition and Epidemiology at Harvard School of Public Health and also Associate Professor of Medicine at Channing Laboratory, Brigham and Woman's Hospital, and Harvard Medical School. Dr. Hu is one of the world's most respected nutrition and disease prevention researchers. He has researched Type 2 Diabetes and cardiovascular disease and their relationship to diet and lifestyle. He found that most of Type 2 Diabetes is preventable by changing diet and lifestyle. He was the Principal Investigator that discovered the link between sugary beverages and Type 2 Diabetes in the Nurse's Health Study at Channing Laboratory. His research has been implemented in national and international public health recommendations and highlighted in articles of the American Journal of Epidemiology, Journal of the American Medical Association, American Heart Journal, the New York Times, World Health Organization, and the National Institutes of Health.

**Publications:**

“Obesity Epidemiology: Methods and Applications”

“Fish and Omega-3 Fatty Acid Intake and Risk of Coronary Heart Disease in Women”

Numerous other medical articles

**External Links:**

[www.hsph.harvard.edu/faculty/frank-hu/](http://www.hsph.harvard.edu/faculty/frank-hu/)

<http://query.nytimes.com/gst/fullpage.html?res=9C06E0D8173AF932A15757C0A96F958260>

<http://jama.ama-assn.org/cgi/content/full/287/14/1815>