



**Name in English:** Stanley Sue  
**Name in Chinese:** 司徒永俊  
**Name in Pinyin:** Sītú Yǒngjùn  
**Gender:** Male  
**Birth Year:** 1944  
**Birth Place:** Portland, Oregon  
**Current location:** Davis, California

**Pioneer in the creation of ethnic mental healthcare**

**Profession(s):** Professor, Psychologist

**Education:** B.S., Psychology, 1966, University of Oregon; M.A., Psychology, 1967, University of California at Los Angeles; Ph.D., Psychology, 1971, University of California at Los Angeles

**Awards:** 1986, Award for Distinguished Contributions to Psychology in the Public Interest, American Psychological Association (APA); 1990, Distinguished Contribution Award, Asian American Psychological Association (AAPA); 1991, Outstanding Mentorship Award, Society for Community Research and Action; 1993, Janet E. Helms Award, Columbia University's Teacher College; 1993, Lifetime Achievement Award, AAPA; 1996, Distinguished Contribution Award for Research in Public Policy, APA; 1998, Distinguished Scientific Achievement Award, California Psychological Association; 2001, Exemplary Service Award, U.S. Surgeon; 2001, Distinguished Public Service Award, University of California at Davis; 2003, Prize for Undergraduate Teaching and Scholarly Achievement, University of California at Davis; 2003, Distinguished Contributions to Applied Research Award, APA; 2003, Stanley Sue Award, APA; 2005, Lifetime Achievement Award, California Psychological Association

**Contributions:** With a career that spans over 30 years, Dr. Stanley Sue has been and continues to be the leading national voice on ethnic mental health services. A pioneering psychologist, Dr. Sue focuses on mental health and personality issues affecting ethnic communities, particularly Asian Americans, and has worked to ensure that minority groups receive adequate mental healthcare.

Dr. Sue started his studies at a time when very little was known about mental health for ethnic minorities and what kind of intervention and prevention efforts could be implemented. Up until that time such services had been complacently directed to treat a generic white American patient with no regard to differences in ethnicity or culture. Dr. Sue conducted much groundbreaking research illuminating the relationships between ethnicity and mental health. Among his most significant contributions, Dr. Sue discovered that Asian Americans tended to avoid and delay mental healthcare until problems became disruptive. Through his research, Sue has helped ethnic minority groups overcome shame and the traditional stigma of needing mental health treatment.

He has also taught therapists and students how to deal with cultural differences with minority groups seeking treatment.

From 1988 to 2001, Dr. Sue served as Director for the National Research Center on Asian American Health, leading research that impacted mental health policy and service delivery. Dr. Sue has put his expertise to use in public service, earning citations and commendations from the mayors of Los Angeles and San Francisco, the California State Assembly, and U.S. Senator Barbara Boxer. He served on a national interstate commission that developed national guidelines and standards for culturally competent mental healthcare. Recognized for his expertise, the U.S. Surgeon General selected Dr. Sue twice in 1999 and 2001 for leadership roles in crafting his annual mental health report.

Dr. Sue started his teaching career at the University of Washington where he taught and researched from 1971 to 1981, and then for 15 years at the University of California at Los Angeles. Since 1996, he has taught at the University of California at Davis and in addition, served as Director of its Asian American Studies Program from 1996 to 2001.

In recognition of Dr. Sue, the American Psychology Association established the Stanley Sue Award for Distinguished Contributions to Diversity in Clinical Psychology in 2003. With Sue as the first recipient, this award honors psychologists who have made remarkable contributions to the understanding of human diversity and bettered the human condition.

**Publications/Patents:** Sue has written over 140 publications.

**External Links:**

[http://www-dateline.ucdavis.edu/042001/DL\\_stanleysue.html](http://www-dateline.ucdavis.edu/042001/DL_stanleysue.html)

<http://www.universityofcalifornia.edu/news/article/5287>

<http://academicsenate.ucdavis.edu/award/bios/sue.html>